

Traditional Mentoring Circles

- The traditional mentoring circle will consist of 8-10 mentees and 3 mentors.
- In these circles, the mentees select the subject for discussion for each session
- The circles should meet every 3 to 4 weeks
- Group members make a commitment to attend all mentoring circle meetings for the duration of the circle and to contact their Mentors when this is not possible.
- Group members agree to fill out an evaluation on their group mentoring experience at the end of circle

Focused Circles – new for 2010

- The focused mentoring circle will consist of 8-10 mentees and 1 circle leader
- The topics for these circles are predefined. Each month, the group will discuss in-depth one to two dimensions of the topic
- The circles will meet once/month
- Group members make a commitment to attend all mentoring circle meetings for the duration of the circle and to contact their circle leader when this is not possible.
- Group members agree to fill out an evaluation on their group mentoring experience at the end of circle

Circle Leader	Topic	Description
Cheryl Chartier VP Proposals & Marketing Foster Wheeler	Personal Branding & Taking Your Career to the Next Level	In this circle, learn about creating your personal brand and tool/tips to help you create or refine your career brand.
Cecilia Heilmann VP & Controller Suez Energy	Competencies of Emerging Leaders	In this circle you will discuss in detail the competencies of emerging leaders, from understanding your organizational structure to tips in identifying your career defining project.
Amy Gasca President Consulting Gasca & Associates	Work Life Balance for an Executive	In this circle, discuss the steps to better work life balance and how to obtain a higher level of enjoyment both on and off the job.
Karyl Lawson Attorney Phillips & Reiter, PLLC	Effective Leadership	In this circle build your leadership skills, and gain tips to more effectively move teams toward achieving common goals.

Nina McAfee Sr. Environmental Engineering Mgr Exterran	Being Emotionally Intelligent	In this circle you will learn the skills to become emotionally intelligent. Learn how to identify, access and manage your emotions, the emotions of others and of teams that you participate.
Nancy Sauer Principal Government Relations Consulting	Effective Communications	In this circle, learn how to effectively communicate in the workplace...from nonverbal , written and face-to-face communications.
Maria Onufrow Sr. Business Analyst TriplePoint Technology	Managing Upwards	In this circle, learn useful tips and techniques to help you develop a better working relationship with your manager and other senior people.
Deanna Newcomb Regulatory & Compliance Analyst McDermott Will & Emery LLP	What's your Calling, How do you do you Pursue it?	In this circle, gain tips to understand your passions in life. Learn how to understand and identify your calling and gain valuable insight on how to pursue.
Jana Woelfel Partner Strasburger & Price, LLP	Risk Taking with a Purpose	In this circle, learn tips and techniques to help you become more assertive, have more confidence and take better risks for professional growth.
Ann Banks Chief Commercial Officer Summit	TBA	
Lianne Lami CEO & President Bocci Engineering	TBA	